



Regenerative & Predator Friendly Farming

N'Rougas Noord Farm, Kenhardt, Northern Cape



Through the Landmark Foundation, Veronica and her family learnt of a method of farming that not only protects predators but also slowly regenerates the land. The method was developed by Allan Savory. The concept is simple, returning to the ancient practice of herding with a new scientific understanding.

The principle is that, by mimicking the way in which the wild herds of ancient times moved through the land, we give our soil and plants what they need to restore their health. To do this, careful planning is required. The animals cannot remain in one place for long enough to eat so much of each plant that it's root reserves are affected. Then the animals must stay away from the plant for long enough to allow the plants to fully recover before being grazed again.

The Herding Academy in Graaff Reinet equipped us with this knowledge. They also taught us how keeping the animal in a herd – which is what predators used to do hundreds of years ago – the trampling creates fertile seed beds for soil and vegetation regeneration. The intense trampling of hundreds of hooves flattens the dead grass into ground cover, breaks capped soil to allow rain to



N'ROUGAS FARM

seep into the ground and makes little niches for seeds to germinate. The urine and dung left behind provide a natural fertiliser.

Because the animals are with our shepherds during the day and kept safe by a temporary kraal at night time, we are able to share the farm with the local predators - allowing them to serve their role in the ecology.

We welcome visitors and queries. Do not hesitate to contact Julian, Veronica or Michelle:

julian@nrougasfarm.co.za | veronica@nrougasfarm.co.za | michelle@nrougasfarm.co.za

You can purchase our lamb [here](#) on the Good Food Network.

And visit our website: nrougasfarm.co.za